

Student's Name/Initials

/

Date

Teacher's Initials

Date

## INTRODUCTION TO PERSONAL SKILLS, PERSONAL SKILLS 1, AND 2

**DIRECTIONS:** Evaluate the student using the applicable rating scales below and check the appropriate box to indicate the degree of competency. The ratings 3, 2, 1, and N are not intended to represent the traditional school grading system of A, B, C, and D. The description associated with each of the ratings focuses on the level of student performance or cognition for each of the competencies listed below.

### PERFORMANCE RATING

- 3 - Skilled--can perform task independently with no supervision  
 2 - Moderately skilled--can perform task completely with limited supervision  
 1 - Limitedly skilled--requires instruction and close supervision  
 N - No exposure--has no experience or knowledge of this task

### COGNITIVE RATING

- 3 - Knowledgeable--can apply the concept to solve problems  
 2 - Moderately knowledgeable--understands the concept  
 1 - Limited knowledge--requires additional instruction  
 N - No exposure--has not received instruction in this area

## GRADE 6

### Teen Success Strategies

- 3 2 1 N  
 — — — — 1. Identify positive ways to deal with peer pressure.  
 — — — — 2. Explain ways to build positive, nurturing, caring, respectful relationships.

### Management Practices

- 3 2 1 N  
 — — — — 1. Explain the importance of managing personal resources.  
 — — — — 2. Organize personal time using time management tools.

### Creating Environments

- 3 2 1 N  
 — — — — 1. Explain ways to create or enhance personal space.  
 — — — — 2. Explain how to avoid accidents and improve home security.

### Challenging Children

- 3 2 1 N  
 — — — — 1. Explain the responsibilities of babysitting related to child development safety and health as well as development of habits and

attitudes.

### Winning Images

- 3 2 1 N  
 — — — — 1. Examine factors that influence clothing selection.  
 — — — — 2. Create a desired image through grooming habits and clothing selection.

### Kitchen Connection

- 3 2 1 N  
 — — — — 1. Demonstrate correct safety and sanitation procedures while working in the kitchen.  
 — — — — 2. Explain how to prepare foods by following directions.  
 — — — — 3. Identify symptoms and treatment of malnutrition, eating disorders, and obesity.

### Career Exploration

- 3 2 1 N  
 — — — — 1. Explain how basic skills learned in school are essential for success in the workplace.  
 — — — — 2. Identify entrepreneurship opportunities for young people.

- — — — 1. Describe ways to build a winning attitude.  
 — — — — 2. Identify techniques for developing a positive self image.

### Management Magic

- 3 2 1 N  
 — — — — 1. Explore teen jobs to generate income.  
 — — — — 2. Analyze contemporary consumer problems and issues.

### Creating Environments

- 3 2 1 N  
 — — — — 1. Explain ways to conserve resources and use energy wisely.  
 — — — — 2. Describe ways to reduce waste by precycling and recycling.

### Challenging Children

- 3 2 1 N  
 — — — — 1. Identify typical characteristics, needs, and activities of young children (infant, toddler and preschooler).  
 — — — — 2. Determine positive approaches in discipline to assist young children in accepting responsibility for personal behavior.

## GRADE 7

### Teen Success Strategies

- 3 2 1 N

### Winning Images

- 3 2 1 N

- — — — 1. Explain how to recycle clothing.
- — — — 2. Identify techniques for washing, drying, and ironing clothing.
- — — — 3. Demonstrate ways to repair clothing.

### Kitchen Connection

- 3 2 1 N
- — — — 1. Demonstrate correct safety and sanitation procedures while working in the kitchen.
  - — — — 2. Describe how to plan a healthy diet based on resources, budget, time, and skills.
  - — — — 3. Prepare foods by following directions.

### Career Exploration

- 3 2 1 N
- — — — 1. Identify the skills necessary for locating and maintaining successful employment.

### Cash and Consumers

- 3 2 1 N
- — — — 1. Interpret consumer information to enhance the quality of life, ensure safety and well-being, and save resources.
  - — — — 2. Describe money-management skills.

### Living Spaces

- 3 2 1 N
- — — — 1. Describe methods to maintain a clean and safe home environment.
  - — — — 2. Determine the proper steps to follow in a variety of home repair emergencies.

### Win With Kids

- 3 2 1 N
- — — — 1. Describe early childhood activities that foster future success.
  - — — — 2. Analyze the effects of media and environmental influences on young children.

### Creating Style

- 3 2 1 N
- — — — 1. Identify safety procedures and the proper care and use of large and small equipment.
  - — — — 2. Determine appropriate textile products for various uses.

### Food Matters

- 3 2 1 N
- — — — 1. Demonstrate correct safety and sanitation procedures while working in the kitchen.
  - — — — 2. Identify symptoms and treatment of malnutrition, eating disorders, and obesity.

### Career Exploration

- 3 2 1 N
- — — — 1. Describe various ways to prepare for employment.
  - — — — 2. Identify careers within a career cluster.
  - — — — 3. Present oral and written information in a professional manner.

## GRADE 8

### Relationship Strategies

- 3 2 1 N
- — — — 1. Explore relationship influences on the family as affected by family structure, family size, and birth order.
  - — — — 2. Describe ways to reach short-term and long-term goals.